### Symphony of the Canyons at Pipe Spring

National Monument.

"The partnership between a reality." the National Park Service and the Symphony worked out great for an initial per- ing selections: host the Symphony this folk music; performance supports the Sousa; Park Service initiative • A String of Pearls, Ameri-

The National Park Ser-performance in a historic derson vice is pleased to an- setting, and, hopefully, nounce the Symphony of with a beautiful sunset as the Canyons will perform a backdrop. The National for a second year, on Sep- Park Service extends its tember 6, at Pipe Spring thanks to Symphony Executive Director Betty Colston Pipe Spring National and founder and Conductor Monument Superinten- Kortney Stirland for making dent John Hiscock stated, this concert at Pipe Spring

> Included in the evening's program will be the follow-

are pleased to once again ley of popular 19th century for this performance, and

of providing arts in the can Patrol, and Moonlight Monument is approximateparks experiences and Serenade - orchestral ar- ly 21 miles from Kanab, helps build community rangements from the Big Utah, and 60 miles from St. Band Era;

wonderful early evening and orchestra) – Leroy An- the two.

• Napoli – featuring D. J. Barraclough on trumpet;

• Georgia on my Mind-featuring Moccasin resident Jack Allen on trombone.

The concert will take place on Saturday, September 6, at 6 p.m. AZ time (7 p.m. UT time). The public is encouraged to arrive at approximately 5:30 p.m. and bring camp chairs for seatformance in 2013, and we • American Frontier - a med- ing. No fees will be charged entrance to the Monument year. The partnership and • El Capitan - John Philip for those arriving after 5 p.m. (MST).

Pipe Spring National George, Utah – just off of We look forward to a • Buglers Holiday (trumpets Arizona Hwy 389 between

All inner canyon users are

encouraged to participate

in the planning process for

Grand Canyon's Backcoun-

try Management Plan. To

the National Park Service's

site at http://parkplanning.

For questions about Spe-

cial Use Permits, please call

nps.gov/grca.

Planning, Environment,

## Grand to Grand Ultra (G2G) Founders enthusiastic about Third Edition

By Susana Young

The third Grand to Grand Ultra (G2G) will begin in just two weeks. Colin and Tess Geddes, married for 25 years, co-founded and co-direct Ultra Challenge America LLC, which provides the G2G event. Now in their mid-50s, they look and act young. They have lived in several countries over the years and bring a special international perspective to the area.

Tess directs the operations for G2G. She is revered for her role as "mother hen" to the runners – full of positive energy and motivation. She has organized and managed sports events like ultra-marathons, but she also loves to compete in them. Her ultra runs span the globe: Argentina, Egypt, France, Morocco, Chile, Libya, the Philippines, UAE and the U.S. She is also a committed race volunteer. One of her volunteer highlights was working the alpine events at the 2010 Winter Olympics in Whistler, BC, Canada.

Colin is the business director for G2G. His background includes international investment banking. He is very focused on keeping G2G planning on track, and looking at new ways to enhance the event. He is also focused on generating media interest. As a keen sportsman in his own right (he also volunteered at the 2010 Winter Olympics), Colin has been an avid supporter of Tess in her ultramarathon participations over the last

nab Field Office Manager, says Colin and Tess are passionate about these types of events, know what they are doing and are good at



Tess and Colin Geddes prepare for third annual G2G. (photo courtesy of G2G Ultra).

here. BLM needed to help determine race routes and once again welcoming make sure this event would not negatively impact our the world to the Grand environment. Ultimately, it to Grand Ultra, the most was a win-win," Barber said.

"G2G has helped awaken and deepen the excitement we have about outdoor adventure in Kane County," Commissioner Dirk Clayson area, but friendships and says. He further states, "The endurance factors of G2G have introduced us to many world-class athletes, and helped many of us to wake up some of the inner athlete that is in us all. We really appreciate that Colin and Tess have offered to sponsor local entries. This gives our local community a special connection to the event."

Matt Brown is pleased with the exposure Kanab gets in trail-running magazines and websites, ' Harry Barber, BLM Ka- which exposes a good number of runners to the beauty and hospitality of our area each year." Brown says G2G "...has brought to my attention the talents of many local it. "Colin and Tess came folks who have given much up with a great dream to of their time and effort to

"We look forward to participants from all over spectacular and ambitious endurance event in North America today," Colin says. "Not only has G2G brought new people to the Kanab connections have been made within the community."

Tess and Colin have fallen in love with Kanab and the vast beauty that surrounds it. Earlier this year when they were in Kanab to prepare for G2G (running camp, etc.), they decided to purchase a home here. While their home base is in London, they look forward to spending a good amount of time here each year.

They hope to see many locals at the "cheering station" - a first this year - to applaud the runners as they come through Angel Canyon at Best Friends. Look for more information about that in the coming

## **Grand Canyon announces interim permits** for organized groups conducting rim-torim and extended day hiking and running

September 15, 2014.

Rim-to-rim and extendto-river-to-rim and rimto-rim-to-rim, is not new in Grand Canyon National Park but has been increas-800 people are traveling in the inner canyon durspring and fall. Of that, 400 htm. to 600 people are hiking or and runners.

rangers are also seeing an trail users. increase in un-prepared additional search and resoperations.

country Management Plan Dave Uberuaga. through the preparation of

The National Park Ser- non-commercial, rim-to-rim Park learn more about Trail vice (NPS) will begin issu- and extended day hiking Courtesy Practices That ing Special Use Permits and running, are among the Leave No Trace and How on an interim basis for or- uses that will be addressed to Hike Smart. Information ganized, non-commercial in the plan. The park ex- about these practices can rim-to-rim and extended pects to release a draft plan help save park resources day hiking and running this fall for public review and lives, and can be found in the inner canyon of and comment. Special Use at http://www.nps.gov/ Grand Canyon National Permits will be issued for grca/planyourvisit/cour-Park. The inner canyon is rim-to-rim and extended tesy.htm and http://www. defined as the area below day hiking and running to nps.gov/grca/planyourvisit/ Tonto Platform (Tipoff and protect park resources and hike-tips.htm. Indian Garden) from the the public interest until the South Rim and below Man-plan is completed. Park staff zanita Resthouse (Pump- will continue to monitor this house Residence) from the activity and any associated North Rim. Permits will impacts and may implebe issued to groups with ment changes through the follow the process click on activities planned for after interim permit process if necessary.

Organized groups, includ- and Public Comment webed day hiking and running, ing non-profits, conducting which also includes rim- rim-to-rim and extended hiking and running will be required to obtain a Special Use Permit. Information about Special Use Permits ing in popularity over the for these activities, includlast several years. The ing permit applications and NPS estimates that up to fees can be found on Grand Canyon National Park's website at http://www.nps. ing peak weekend days in gov/grca/parkmgmt/sup.

Generally, any group, rerunning rim-to-rim in a gardless of size, which has single day. Activities take advertised to the general place on the Bright Angel, public, required individuals South and North Kaibab to sign up prior to participa Trails (known as the cortion, or that has an organizer ridor trails). These trails who has been compensated provide diverse recreation for their services, including opportunities for hikers, subsidized participation, backpackers, mule riders, will be required to obtain a Special Use Permit. Com-Increased day use on mercial rim-to-rim day these inner canyon trails use will not be authorized. has resulted in increased The NPS will not limit the user conflicts. Other issues number of permits issued; related to inner-canyon however, group size, under use include abandoning or a permit will be limited to caching gear on the trails; 30 individuals, including increased litter, including organizers. A permittee or human waste; crowding at their organization (club, restrooms and attraction non-profit, group, etc.) will sites; an overburdened be allowed to obtain one waste water treatment permit per day. Permits will plant; vehicle congestion include guidelines built on and crowding at trail- the Leave No Trace prinheads; and general con-ciples to help protect park cerns over trail courtesy resources and enhance the with other visitors. Park experience and safety of all

"With rim-to-rim and and injured rim-to-rim extended day hiking and participants resulting in running increasing in popularity, we needed to find an cue responses, which then interim solution that would results in an overall delay give us the tool to educate of all search and rescue hikers and runners on best practices until we have a lon-The NPS is currently ger-term solution in place," revising its 1988 Back- stated Park Superintendent

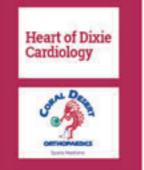
Park rangers encourage an environmental impact all visitors planning a hike statement. Organized, in Grand Canyon National

## 928-638-7707. bring an ultra marathon make G2G happen.'



Southern Utah Clinic Expands

From left to right - Hernan Garreaud, PA-C; Jonathan Bowman, MD; Darin Ott, DO; Mark Overas, PA-C



Heart of Dixie Cardiology and Coral Desert Orthopedics, part of the Southern Utah Clinic system of care, are now seeing patients regularly at the Kanab Family Medicine location. The providers from both specialties are excited to bring their state-of-the-art medical services to the community.

To schedule an appointment, call

435.644.4100



Kanab Family Medicine 355 N Main Street Kanab, UT 84741

#### KANAB FAMILY

- MEDICINE PROVIDERS:
- Darin Ott, DO Jonathan Bowman, MD
- Hernan Garreaud, PA-C
- Mark Overas, PA-C Reggie Gillins, NP

# KANAB FAMILY MEDICINE SERVICES INCLUDE:

Kanab Family Medicine welcomes

received his nursing degrees. We look

forward to Reggie sharing his general

Reggie Gillins, NP to our staff. A native of

Minersville, UT, Reggie attended SUU and

Graceland University in Missouri where he

practice and emergency medicine experience

- Physicals Annual, CDL, Sports, Mission
- High Blood Pressure and Cholesterol
- Diabetes Care

Meet our

Reggie Gillins, NP

with our community.

- Preventive and Wellness Medicine
- Cold and Flu
- Urgent Care.
- Fracture and Wound Care
- Obstetrics/Gynecology
- Colonoscopies
- EGD (Upper GI Endoscopy)

